

The John and Vera Mae Perkins Foundation

Micah Missions

Service Learning Handbook



*He has shown you, O man, what is good; And what does the LORD
require of you But to do justly,
To love mercy,
And to walk humbly with your God?
- Micah 6:8*

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1. Micah Mission Team Checklist

The checklist below will help prepare your group for their trip to Jackson, MS! This list is by no means exhaustive, but is meant to assist you in preparations. There are blank spaces for you to add your own items to the checklist.

- Discuss and approve dates for your trip with Elizabeth Perkins MzElizperk@gmail.com. Make a \$450 deposit to reserve team's place on the JVMPF calendar. Make checks payable to:
The John and Vera Mae Perkins Center
P.O. Box 10773
Jackson, MS 39289
- Send a summary of your team members:(age, skills, number of males vs. females and leaders vs. students).
- Meet with your team to go over trip details prior to departure.
- Read and discuss a book by Dr. John M. Perkins. *See section 11 for list of current books.*
- Have each team member fill out a waiver & emergency contact form which is located at the back of this handbook
- Contact Elizabeth Perkins at MzElizperk@gmail.com with any questions you may have.
- Email Elizabeth your departure time and time of arrival as soon as possible.
- Send the final team payment before departure or bring check with you to Jackson.

Additional Notes

2. Introduction to The Perkins' Ministry



Grandma Perkins with young boy from Good News Club



Grandpa Perkins with the co-presidents, (left to right) Priscilla Perkins, Elizabeth Perkins, and Deborah Perkins



Grandma Perkins with summer interns

Our Founders

Drs. John & Vera Mae Perkins have been in full-time ministry for more than 50 years. The Perkins left Mississippi in 1947, fleeing the injustice that saw Dr. Perkins' own brother murdered by a town sheriff. Dr. John Perkins returned to Mississippi with his family in 1960 to spread the redemptive Gospel of Jesus Christ. They returned to the South at the peak of the Civil Rights Movement and became involved. Dr. Perkins' outspoken message of hope and leadership in civil rights organizations resulted in repeated harassment, imprisonment, and torture that nearly led to death.

The Perkins' faithfulness to the Gospel and their commitment to working alongside the poor led John to write his first book in 1976: *Let Justice Roll Down*. He continued to author many more books, developing a philosophy of ministry now known as Christian community development. The core message showed how starting local, grassroots organizations geared toward economic empowerment and justice would heal impoverished communities. Vera Mae continued to nurture children in the gospel through Good News Club and worked with Child Evangelism Fellowship (CEF). She and her children remained essential in spreading John's ideas as models in Jackson, MS and Pasadena, CA. In 1983, the John M. Perkins Foundation was established to aid in the national movement of Christian community development.

Dr. John M. Perkins has been awarded twelve honorary doctorate degrees for his work with communities, churches, and schools around the world. Dr. Vera Mae Perkins has received many awards including some from CEF. She has also been awarded an honorary doctorate degree for her essential role in the movement.

Today, John continues to serve as an international speaker and teacher on justice, community development, leadership, and reconciliation—always through the lens of the Gospel. Even with his busy schedule, Dr. Perkins still finds comfort and inspiration working with our mission

teams. As he works to inspire our mission teams to action, he is also invigorated by your blessings and encouragement!

About JVMPF

Dr. Perkins eldest son, Spencer, began the Antioch Community, an intentional living community, in West Jackson in the 80s and 90s. It was a diverse group of Christians living and working together to pioneer the national conversations on race and reconciliation within the North American Church. In 1998, Spencer Perkins had an unexpected heart attack and passed away. Both the community and the Perkins family were absolutely devastated.

Dr. Perkins decided to commemorate his son's legacy by establishing a community center where the Antioch Community had once been based.

Now, the John and Vera Mae Perkins Foundation provides a positive presence within West Jackson offering many opportunities for community sustainability and development. It also serves as a base for reconciliation, justice and community development for ministries around the world. The two core efforts of the foundation are youth mentorship and community development.

3. Pre-Arrival and Welcome

The John and Vera Mae Perkins Foundation looks forward to welcoming you to Jackson, Mississippi and to our Micah Missions Program. You should review the following guidelines and recommendations to gain the most from your experience at JVMPF. Please be flexible as all accommodations and schedules are subject to change based on the needs of the ministry. We will notify you of any changes.

4. Group Size

We typically welcome groups of 8-25 volunteers, though we may be able to accommodate larger or smaller groups we contacted and notified at least *one month in advance*. To help your team and our staff function optimally, we recommend that at least one skilled worker accompany your group for every five unskilled workers or students. This will aid us in providing sufficient supervision for mission projects. Additionally, there is also a chance that you will be scheduled during the same week as another group dependent on group size and available spacing.

5. Fee and Deposit

All groups are asked to contribute \$300 per person to cover housing, time with staff, and the cost of the project. We ask each group to sponsor their projects up to \$20,000 The \$300 does not include the cost of meals.

_____ \$2,500 _____ \$5,000 _____ \$7,500 _____ \$10,000 _____ \$15,000 _____ \$20,000

**There is a non-refundable \$450 deposit that must be sent in advance to reserve your time slot. The deposit is put towards the total cost of the trip and should be sent to the address below. If cancellation is necessary, the \$450 deposit may be put toward another trip if it is within 365 days of the original date. A 30-day notice is required for cancellation.*

Please send checks to:

The John and Vera Mae Perkins Foundation
P. O. Box 10773
Jackson, MS 39289

6. Arrival and Departure

Generally, JVMPF schedules mission trips from Saturday through Saturday. Please plan your travels so that you arrive no later than 7:00 PM Saturday evening and depart no later than noon the following Saturday morning. On Sundays, mission teams join us in Mendenhall for worship service at historic Mendenhall Ministries and we give a tour of the significant locations in the Perkins family's 60+ years of ministry.

7. Housing

Living accommodations are provided at our Micah House located across the street from the Antioch house on JVMPF's campus. The cost of lodging is included in the per- person contribution. The Micah House is divided into two sides, each with 10 beds (for a total of 20 beds). Additional rooms are available at Antioch. As previously mentioned, it is possible that your team may be scheduled at the same time as another team so please be prepared to be flexible with housing.

Teams are responsible for the purchase and preparation of their own meals during their stay. The Volunteer House includes a full-service kitchen with any utensils you might need. It is stocked with condiments and some other supplies previous teams have donated. Your team is encouraged to experience the community and local food as well as patronize local businesses. We have included a list of our team's favorite restaurants within this packet.

8. Work and Dress

Days start with Bible Study at 8:00 AM. From there, plan to head to work around 9:00 or 9:30. There is always potential to get VERY dirty and sweaty so dress appropriately! Work will end by 5:00 PM. Heavy-duty work boots are not required but suggested.

During our Sunday trip to Mendenhall, comfortable church attire is recommended. See packing list for more details. (Dress code is located at the end of this packet.)

9. Evenings

We aim to continue discussions on reconciliation, justice, and community development during your evenings at JVMPF. We may watch a film or engage in fellowship. There is also opportunity to have dinner with staff members, host times to hear stories of their experiences, or have discussions with community members. We also want to give you freedom as a group to participate in some of your own planned activities or explore the city of Jackson. Let us know what options you are considering and we will be happy to offer advice or recommendations.

10. Internet

Internet is available in the Micah House. Passwords for the network are posted in the volunteer house. There are no public computers, but you may connect wirelessly to our wireless connection.

11. Suggested Readings

To get the most out of your JVMPF experience you may want to familiarize your group with Dr. Perkins' work and philosophy of community development. A great way to enhance your experience is to read one of Dr. Perkins' books with your group before you arrive in Jackson. Below is a list of suggested titles:

1. *One Blood* by Dr. John M. Perkins. This is his latest book.
2. *Dream with Me* by Dr. John M. Perkins. This book talks about the life, the legacy, and lessons of a civil rights giant.**
3. *Let Justice Roll Down* by Dr. John Perkins. It gives a powerful testimony of Dr. Perkins' life.**
4. *With Justice for All* by Dr. John Perkins
5. *Beyond Charity: The Call to Christian Community Development* by Dr. John Perkins.
6. *Welcoming Justice; God's Movement Toward Beloved Community* by Dr. John Perkins and Charles Marsh
7. *Making Neighborhoods Whole* by Dr. John Perkins and Wayne Gordon (This lays out the 8 principles of Christian Community Development)**

**highly recommended readings

12. Housing Accommodations

Welcome

The John and Vera Mae Perkins Foundation is so very grateful for our volunteers and mission teams. Our ministry would be limited without groups like yours! It is our prayer that you find your time in Jackson both fulfilling and challenging. We are looking forward to your visit and ask you to review the following information regarding housing accommodations so you are better prepared for your visit to Jackson.

The Basics

JVMPF is blessed to have The Micah House across the street from the big, yellow Antioch house. JVMPF staff may deem it appropriate for volunteer groups to stay elsewhere on the Foundation grounds or with another local ministry. This will be communicated in advance.

Included in the House

The Micah House is fully equipped for your housing needs while in Jackson. It includes:

- 20 beds, 10 on each side of the house
- A full-service kitchen with a dishwasher, dishes, utensils, refrigerator, etc.
- Washer and Dryer
- Several showers and bathroom facilities
- Tables and chairs for dining
- Couches and comfortable seating in the living room area - Your team is welcome to bring board games
- *Your team will need minor supplies such as toilet paper, paper towels, and large trash can liners.*

13. House Rules

Please Review and follow the guidelines below:

1. **Cleaning Supplies:** At the end of your stay at JVPMPF, your team is responsible for cleaning the volunteer house. Supplies are located in the kitchen close.
2. **Laundry:** There is a washer and dryer at the Micah House. Most groups choose to wash clothes throughout the week as things get dirty and sweaty easily during workdays. (Note: Please do not wash only one or two items, make sure you have a full load of clothes)
3. **First Aid Kit:** There is a small First Aid Kit in the Volunteer house. It is not extensive, but can handle minor scrapes and cuts.
4. **Garbage:** Garbage pick-up is on **Tuesday** and **Friday** mornings. Trash should be bagged and/or placed in large garbage cans and placed on the sidewalk on Robinson Street if your group is in residence at the time. Please place the garbage out by the street the morning of pick-up. After collection, please return the large cans back to their place in the house. (Garbage bins are on the front behind little white picket fence).
5. **Sleeping Arrangements:** The Micah House is divided into two sides with 10 beds on each side. Typically, groups choose to have men on one side and women on the other.
6. **Drugs, Alcohol, and Weapons:** There will be NO drugs, alcohol, or weapons on the premises.
7. **Repairs:** Please report any house repairs needed in writing (plumbing, heat or cooling, etc.) to the project coordinator. It is important that the house stays in good condition! Alert us immediately if there are any major issues.
8. **Exit Cleaning:** Your group is responsible for cleaning the Micah House prior to your departure from JVPMPF. Please refer to the 'Exit Cleaning Checklist' for a list of what needs to be cleaned. Upon your departure, please leave the completed list on the counter of the Micah House.

14. Security Guidelines

We love our neighborhood and believe it's a wonderful place to live. However, there are a few safety rules we would like you to keep in mind while staying with us:

1. **Vehicles:** All vehicles should be parked behind the gate of the yellow Antioch house. To protect your vehicle, we ask that you leave your cars UNLOCKED with NOTHING left inside. This decreases the risk that a vehicle might be broken into to retrieve goods that may have been left inside.
2. **Walking about the JVMPF grounds:** Feel free to walk around our grounds if the gates are unlocked and you will not be interfering with our afterschool care/summer camp activities. Please also provide adequate space for other groups that may be staying on campus during your time at JVMPF.
3. **Respect and privacy:** Please respect the privacy of those who live in our houses, on campus, as well as guests in the Antioch Guest House.
4. **Walking in the West Jackson Community:** We do not recommend walking alone in the neighborhood—especially at night. While we hope you will come to see the beauty of our community as we do, this is an inner-city area and there are always serious risks to being alone in an area you are unfamiliar with. Please use common sense when deciding where and when to walk or jog. Additionally, there may be loose dogs in the community and they can be aggressive. If you have any question as to where to go, please ask a JVMPF staff member.
5. **Shopping in the West Jackson Community:** Please shop and visit our local businesses and stores. Westland Plaza has McDade's grocery store, Walgreen's drug store and other local stores you may want to visit. Let us know if you need other suggestions!
6. **Neighborhood Children:** Neighborhood children are NOT allowed in the Micah house at any time. This policy is for your safety and our own.
7. **Giving Money and/or Rides to local children or adults:** Do not give money or rides to anyone who asks for them. If there is a problem, please call one of our staff members. While we do engage with the community, it is always necessary to do this in a wise way.
8. **Door Code:** A guest code will be assigned to your team leader who will be responsible for securing the house premises.
9. **Locks:** Locks are to be used at all times. It is a good idea to lock doors even while you are in the building. Again, we recommend you leave your cars UNLOCKED with NOTHING left in the vehicle. This will help prevent windows from being broken.

10. Lights: All exterior lights are to remain on at night.
11. Blinds: All blinds are to be closed/down at night. It is ok to leave them open/up during the day.
12. Coffee Maker/Appliances: Please be extra careful to turn off appliances like coffee makers before leaving the Micah house in the morning.

15. Important Phone Numbers

The JVMPF Office - 601.354.1563

Voice of Calvary - 601.353.1635

The Mendenhall Ministries - 601.847.3754 911

Police and Ambulance - 911

St. Dominic's Hospital - 601.200.2000

Baptist Hospital - 601.968.1000

University of MS Medical Center - 601.984.1000

**Exact locations for many of these places are included in this packet. Please be sure to become familiar with these locations (especially hospitals) in case of emergency.

16. Places

Medical Centers/Hospitals

University of Mississippi Medical Center (601) 984-1000
2500 North State Street
Jackson, MS 39216

Baptist Medical Center (601) 968-1000
1225 North State Street
Jackson, MS 39209

St. Dominic's Memorial Hospital (601) 200-2000
Lakeland Drive
Jackson, MS 39216

Grocery Stores

Froogle's Market (601) 353-0089
2526 Robinson Street
Jackson, MS 39209

Walmart (601) 922-3406
2711 Greenway Dr.
Jackson, MS 39204

Kroger (601) 366-1141
4910 Hwy 55 N
Jackson, MS 39211

Local Restaurants

Stamps Burger (601) 352-4555
1801 Dalton St
Jackson, MS 39204
***Monster burgers!**

Seattle's Best (601) 969-8535
235 W Capitol St
Jackson, MS 39201
***Call for times!**

Iron Horse Grill (601) 398-0151
320 W. Pearl St.
Jackson, MS 39203

E & L's Barbeque (601) 960-3008
136 Adams St.
Jackson, MS 39203
***Great rib tips & wings!**

Airport

Jackson-Medgar Wiley Evers International Airport (601) 939-5631
100 International Drive
Jackson, MS 39208

17. Safety Policies and Tips

Zero Incident Goal

The safety and health of all children, employees, volunteers, and subcontractors involved with JVMPF is a critical priority for the Management and Board of Directors of the organization. The ability to continue to renovate and rebuild affordable housing at the highest levels of quality means ensuring that the safety and health of our workforce is maintained at all times.

Having a safe and healthy work environment is everyone's responsibility. We need your help to protect the safety and health of our workforce and environment.

JVMPF's safety goal is ZERO incidents. To reach this goal, each volunteer and employee must think of safety as his or her primary responsibility. Each worker must understand that working in a safe manner is a job requirement and is expected. Shortcuts and unsafe acts or work practices are NOT acceptable. Horseplay around dangerous equipment is also unacceptable.

Policies and Procedures

The procedures below must be followed to be in accordance with the JVMPF's policies, procedures, and rules as they pertain to safety:

1. Each volunteer must participate in orientation.
2. Never attempted to operate equipment for which you have not been properly trained. Speak with your project supervisor for specific training or alternate activities.
3. Additional guidelines may be given at the time of orientation and should be followed in addition to the policies specified here.
4. Report all injuries immediately to a Site Supervisor.
5. Wear appropriate protective equipment and work clothes as instructed.
6. If you are told to use safety equipment, it is MANDATORY that you do so.
7. Avoid performing unsafe acts and creating unsafe conditions for yourself and/or others during your time with us.
8. Report unsafe acts or conditions to your supervisor.
9. Report to work in a fit condition. This includes arriving well rested.
10. Alcohol and/or drugs ARE NOT permitted on the job and shall result in IMMEDIATE dismissal.
11. Request advice and help from your supervisor as needed to perform work safely.
12. Get help when lifting heavy objects, and wear a back-support belt if instructed.
13. Do not do any task you are not comfortable and confident performing.
14. At all times work safely, do not rush, and be aware of what is happening around you. The leading cause of accidents on job sites are tripping and falling.

15. Horseplay is not permitted while working or during times as it has been specifically described as unacceptable.
16. In the case of an injury, follow all first aid and medical treatment procedures.
17. A qualified first aid attendant or doctor should handle severe first aid cases.
18. Promptly report all 'near-miss' incidents to the supervisor so that arrangements can be made to identify the cause and correct it to prevent it from occurring again.

Tool Rules

The John and Vera Mae Perkins Foundation is dedicated to being good stewards of resources. This means that our tools and equipment are valued possessions. Please respect and follow these guidelines so we can continue to use them for many projects in the future!

1. Tool usage: Please follow instructions and exercise all appropriate safety precautions.
2. Cleaning: Clean all items appropriately prior to return. This includes paint brushes/rollers and pans.
3. Return: Return all items to their appropriate place in secured storage areas.
4. Security: To avoid theft or weather related damage, do not leave items exposed on the lawns.
5. Damage to tools and equipment: Because JVMPF cannot purchase endless amounts of new tools, we ask that you take care with all the equipment you use. In case of incidents where damage is purposeful, you may be asked to pay the cost of the items or damage. If you are unsure about some equipment, please ask a Property Manager or your Team Leader.

18. Sample Mission Team Schedule



Jackson Journey

Mission Team Weekly Schedule

March 16 - 23, 2019

TIME	SATURDAY March 16	SUNDAY March 17	MONDAY March 18	TUESDAY March 19	WEDNESDAY March 20	THURSDAY March 21	FRIDAY March 22	SATURDAY March 23
7:00am - 8:30am		BREAKFAST 8:30am - Perkins Pilgrimage Tour	BREAKFAST 8am - Bible Study with Dr. John Perkins	BREAKFAST 8am - Bible Study with Dr. John Perkins	BREAKFAST 8am - Bible Study with Dr. John Perkins	BREAKFAST 8am - Bible Study Team Leader	BREAKFAST 8am - Bible Study Team Leader	BREAKFAST Clean Up House Use Checklist in Handbook
9:00am 8:30-9:3			↓	↓	↓			Turn in Evaluation Form to Leader
9:30am - 12:00pm		Attend Mendenhall Bible Church Begins at 11:00am	Leave at 9:30 Visit 10:00a.m. Tour Medgar Evers Home	Leave at 9:30 Visit Miss. Civil Rights Museum	Mission Work Project Begins at 9:30am			Depart for Home
12:00 - 1:00pm			LUNCH with JVPF staff	LUNCH Stamp's Burgers	LUNCH with JVPF staff	LUNCH with JVPF staff	LUNCH with JVPF staff	
1:00 - 5:00pm	Arrive & Settle In	LUNCH at Granny's Table in Mendenhall	Service Projects	Service Projects	Service Projects	Service Projects	Service Projects	
6:00pm		DINNER 7pm Orientation & Introduction	DINNER	DINNER	DINNER	DINNER	DINNER	
8:00pm	Grocery shopping after arrival	Watch Movie in Antioch Conf. Room: <i>Ghost of Mississippi</i>	7:30pm Evening Discussion	7:30 Watch Documentary: 13th & Discuss	7:30pm Evening Discussion		7:30pm Time of Reflection and Closure Evaluation Form	

If you have any questions, call Elizabeth Perkins at 601-238-2073.

Schedule may change due to weather

19. Packing List

Spring Clothing Suggestions:

*You may want to pack additional items if your stay is longer than five days.

- 4-7 work t-shirts (depending on stay, limited washing available)
- 2 pairs of work pants (jeans)
- 3 pairs of work shorts (based on season, JVMPF requires shorts no shorter than 4 inches from the knee)
- Work Shoes
- 2 nice shirts or tops for church and tour days
- 2 pairs of nice pants/capris/skirts/etc. (church/tour day) o Enough underwear and socks for the week
- Non-work shoes or sandals
- Jackets, sweaters, rainwear

Summer Clothing Suggestions:

- 4-7 work t-shirts (Light cotton—it will be HOT!)
- 2-4 pairs of work shorts (JVMPF requires shorts no shorter than 4 inches from the knee)
- 1 pair of work pants (jeans)
- Work Shoes
- 2 nice shirts or tops for church and tour days
- 2 pairs of nice pants/capris/skirts/etc. (church/tour day)
- Enough underwear and socks for the week
- Hat

Toiletries:

- Soap
- Shampoo/Conditioner
- Toothpaste
- Toothbrush
- Deodorant
- Razor/shaving cream
- Prescription medication
- Contacts/contact solution/glasses

Other:

- Extra spending money
- Camera
- Water bottle
- Flashlight
- Bible
- Notebook/pen

20. Micah House Cleaning Checklist

Use this checklist to ensure the volunteer house is ready for our next team!

- Return gate key to key holder in Volunteer House Kitchen
- Lock all doors
- Kitchen
 - Clean all items and return to appropriate drawers/cabinets
 - Wash off counter and clean stove, refrigerator, microwave, toaster, coffee, etc.
 - Sweep & mop floor
 - Lock kitchen & back door windows
 - Make sure faucets are turned off
- Bathrooms
 - Check for any personal belongings
 - Clean toilet, tub, sinks and counters
 - Sweep & mop floor
 - Lock all windows
 - Make sure all faucets are turned off
- Bedrooms
 - Wipe down any dirty surfaces
 - Check for any personal belongings and food under bed
 - Empty trash can
 - Put linen in a pile on the end of beds that were used Lock all windows
- Living Room
 - Wipe down any dirty surfaces
 - Place furniture back in appropriate places
 - Lock all windows
- Dining Room
 - Wipe down all tables
 - Stack any extra chairs that don't fit around the table
 - Lock all windows

- Laundry Room and Showers
 - Wipe down showers and other dirty surfaces
 - Check for all personal belongings and empty anything left in washer/dryer
 - Empty lint filter in washing machine
 - Lock all windows
 - Make sure all faucets are turned off
- Hallways/Side Room/Toilet (next to Laundry Room)
 - Wipe down sink and counter
 - Wipe down any other dirty surfaces
 - Check for any personal belonging
 - Make sure faucets are turned off
- Porches
 - Sweep porch off
 - Make sure all items are off the porch
- Miscellaneous
 - Make certain all lights (inside and outside) are turned off
 - Turn off heating/cooling system
 - Empty garbage into central garbage bin

Do a final check to make sure you have all of your belongings and the house is in the same condition as when you arrived

Thank you for helping us keep the Micah House clean! Particularly in the spring and summer, we have a new group coming in just hours after another group leaves. Your cooperation in helping us clean the house allows us to make certain that every group can fully enjoy the facilities.



John & Vera Mae Perkins Foundation

Mission Team Participation List

To be filled out by team leader

Please fill out the information below, attach a complete list of names of all participants, and forward along with your final payment at least 30 days prior to your arrival. Please advise JVMPF of any changes prior to your arrival. All participants must have a signed and notarized Application & Release of Liability form to attend.

Date _____

College/Church/Organization Name _____

Contact Name (during mission trip) _____

Contact Number (during mission trip) _____ (cell) _____

E-mail Address _____

Junior High participants M _____ F _____

Senior High participants M _____ F _____

Adult participants M _____ F _____

Total number of participants _____

*Youth groups please include number of **Chaperones here** _____

List Skilled Laborers or Professionals (if any) along with their skills (e.g. plumber, painter gardener, webmaster, computer expert, attorney, etc.) below.



John & Vera Mae Perkins Foundation

Mission Team Member Application

To be filled out by Mission Team Participant

Please attach a copy of your driver's license or state ID to the back of this page

Date(s) of Participation: _____ / _____ / _____ to _____ / _____ / _____
Month Day Year Month Day Year

Name of Participant: _____

Name of Your Mission Team _____

Date of Birth: _____ / _____ / _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____

In case of emergency, please contact:

Name: _____ Relationship: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Phone: _____ Home Phone: _____

Work Phone: _____

Any hospital or medical practitioner without access to your medical history may need the following information:

Allergies to medicine, food, etc.: _____

Date of last tetanus shot: _____

Physical or mental impairments: _____

Other: _____

Personal Physician

Name: _____

Address: _____

Phone: _____

Personal Health Insurance Coverage

Company: _____ Policy Number: _____

Insurance agent: _____ Agent's Phone Number: _____

Primary Beneficiary: _____ Relationship: _____

Secondary Beneficiary: _____ Relationship: _____

Do you or any of your family members have a history of low blood pressure? YES or NO

If so, please list relationship: _____

Do you or any of your family members have a history of heart problems? Yes or NO
If so, please indicate relationship by the specifics shown below:

1. Heart Attack: _____
2. Irregular Heartbeat: _____
3. Angina: _____
4. Other: _____

Do you see a cardiologist (heart doctor)? YES or NO

If yes, please answer the following:

When did you last see her/him? _____

What is her/his name? _____

Are you pregnant? YES or NO

If so, how far along are you? _____

Are you presently on any medication? YES or NO

If so, please tell us what it is for: _____

Do you have any other medical problems that we should be made aware of? YES or NO

If so, please specify:



John & Vera Mae Perkins Foundation

Team Member Waiver and Release of Liability

Mission Trip Date _____

I, (please print) _____ acknowledge that I have volunteered to participate in construction and other hazardous activities at John & Vera Mae Perkins Foundation. I understand that these activities are not conducted in the course of trade or commerce, and do not involve the lease or sale of goods or services.

I am aware that I am voluntarily participating in these activities of construction, which include, but are not limited to, the construction of homes, loading and unloading materials, painting, framing, finishing, transporting to and from building sites, and other related activities; with the knowledge of the danger involved. I hereby agree to accept all risk of injury and verify this statement by placing my signature below.

I hereby agree that I, my assignees, heirs, distributees, guardians and legal representatives will not make a claim against, sue, or attach the property of John & Vera Mae Perkins Foundation, it's directors, officers, agents, employees, volunteers, suppliers or contractors. This release is intended to be broad in its effect.

I authorize a team representative and/or John & Vera Mae Perkins Foundation staff member to obtain medical treatment for the applicant in the event of injury or illness and I agree to pay or reimburse all expenses (medical or otherwise) treatment incurred immediately.

TYPE OR PRINT

PARTICIPANT'S NAME D.O.B.

ADDRESS CONTACT PHONE

INSURANCE CARRIER EXP. DATE POLICY NUMBER

INSURANCE CONTACT PERSON ALLERGIES DATE OF LAST TETANUS SHOT

GENERAL MEDICAL ISSUES WE SHOULD KNOW (ie. asthma, psychological, epilepsy, etc)

SIGNATURE OF PARTICIPANT (I AM OVER 18)

DATE

SIGNATURE OF PARENT OR GUARDIAN (IF PARTICIPANT IS YOUNGER THAN 18)

**SPACE FOR NOTARY PUBLIC:
THIS DOCUMENT MUST BE NOTARIZED**

State of _____
County of _____

Personally appeared before me, the undersigned authority in and for the said county and state, on this ____ day of _____, 20____, within my jurisdiction, the within named _____, who acknowledges that they executed the above foregoing document.

SEAL

[Notary Public]
Date: _____
My Commission Expires: _____



John & Vera Mae Perkins Foundation

Code of Conduct

SIGN AND SUBMIT TO MISSION TEAM LEADER PRIOR TO ARRIVAL ON SITE.

Thank you for choosing to serve with John & Vera Mae Perkins Foundation (JVMPF). As we partner together in Christian service, we strive to create a safe and respectful environment where each individual can grow in faith. We would like every person to have a positive JVMPF experience so we ask each participant follows this Code of Conduct.

Please discuss this Code of Conduct with every participant, parent, and leader before you come to camp so each person can commit to safe and respectful behavior. We also ask that each person follows the rules to maintain safety, punctuality, and respect.

1. JVMPF dress code is loose-fitting unaltered t-shirts and loose-fitting fingertip length shorts. Close-toed shoes must be worn on the mission project worksite. Undergarments should not be visible and clothing should be properly fastened. Hemlines on shorts or skirts must be at least fingertip length. We do not allow tank tops, spaghetti strap shirts, halter tops, tube tops, or two-piece bikini bathing suits. When swimming, women must wear a modest one-piece suit or a tankini- style suit that covers the torso and midriff (front, sides, and back); men must wear t-shirts when not in the swimming pool.
2. JVMPF does not permit the use of alcohol, or other drugs at the JVMPF host facility or any associated JVMPF activities.
3. JVMPF asks each participant to be respectful to other people, other groups, and JVMPF staff. JVMPF does not permit offensive language or profanity; behavior that interferes or threatens camp activities; behavior that threatens the health or safety of another person; or pranks that harass another person or damage property. Individuals or groups will be held responsible for any destruction or damage to property which result from their actions.
4. JVMPF discourages public displays of affection and discourages students from isolating themselves from their group, adult leaders, or group activities. Sexual advances and verbal or physical conduct of a sexual nature is not permitted.

By signing this document, I affirm that I have reviewed these policies and agree to act in accordance with such for the duration of my stay. I also commit myself to abide by this Code of Conduct and agree to cooperate with the Group Leaders to resolve any issues in a timely manner.

Signature_____ Date_____

Print Name (First, Last)_____

College/Church/OrganizationName_____

BRING THIS SIGNED FORM TO CAMP WITH YOU TO TURN IN AT CHECK-IN.